

October 2023

Dear friends,

As summer turns to autumn, we marvel at the vibrant reds and yellows displayed in our region's trees, appreciating how we are both witness to and part of nature's change of seasons. Enjoy the MIP updates below!

MIP's Annual Picnic a Great Success!

We celebrated our wonderful interfaith community, talking, eating, singing, and connecting with one another. Many thanks to Congregation Ahavas Achim who hosted us at their beautiful sukkah in honor of the traditional Sukkot celebration.

Pastors Traceymay Kalvaitis and Jenna Frost, Rabbi Dan Aronson, Mohammed Saleh, Ahmed Kutty, and James Duffy provided reflections, readings, and prayers from a variety of faith traditions, celebrating the creativity and beauty of our many spiritual journeys.

Angela Pape, MIP's Community Organizer, updated us on MIP's activities of this year, including the interfaith Passover Seder, Nature/Spirit Walk, and book discussion event. Highlighting our work for social justice and systems change, Angela described MIP's progress on a Housing Development Fund, safe parking for people experiencing homelessness, and advocacy for increased housing access.

We heard testimonials from several people about the meaningful impact MIP has had on their lives.

Donations and pledges raised from the picnic will support MIP in significant ways. Thank you to everyone who contributed.

Contributions can still be made at: mipnh.org/donate











Interfaith Lay Leaders Gathering & Potluck Dinner

Thursday, November 16

5:30-7:30pm

Keene Unitarian Universalist Church Parish Hall, 69 Washington St.

At our August Lay Leader Gathering we began meaningful relationships and heard about how fellow congregations are putting faith into action. We will build on that start with:

- More time for getting to know one another.
- Listening to people's spiritual journeys.
- Strategizing for making more good things happen in our region.

Click here to RSVP for the Lay Leader Gathering Nov 16

If you attended in August, we look forward seeing you again and bring a friend. First timers are encouraged to attend!

Please note, this is a day of the week and location change from the last meeting. We will share a potluck meal together.

Reach out to <u>monadnockinterfaith@gmail.com</u> with any questions.

Awakening Into the Grace of Aging:
A Mindfulness Exploration



Wednesdays, October 18 - November 15, 9:30 - 11:30 AM

<u>Monadnock Mindfulness Practice Center</u>

103 Roxbury St., Keene, Rm. 301

These sessions will offer ways to bring mindfulness practice to facing physical changes, loss, as well as altered roles in family and society. The group will share a quiet meditation, and have lots of time for discussion, questions, and reflection. Reading materials will be provided to look over in the weeks between meetings. The five weeks are intended as the beginning of a journey and a chance to draw on the wisdom and lessons that people in this phase of life have learned over a lifetime.

Workshops will be led by Aylene Wozmak, retired Hospice Nurse with over 25 years experience and Chairperson of the Board as well as a facilitator at the Center, and Ginnie Gavrin, retired massage therapist, member of the Board and a facilitator at the Center.

Suggested donation: \$75. Sliding scale available. No one turned away for inability to pay. For information or to register, call Aylene, 603-355-7255, or Ginnie, 603-876-9318.



Hundred Nights is looking for volunteers for some weekend meals in October.

They are seeing a significant increase in people coming in for dinner on the weekends and are now serving between 65-80 people.

The following dates are currently available: Oct 7, 21, 22, & 28.

If you are not able to help this time, perhaps you know others you could share this with. And remember, you can always check the latest availability and FAQ on the Hundred Nights website: https://hundrednightsinc.org/weekend-dinners/

Kristallnacht Remembrance

Thursday, November 9 5:30 p.m. - 6:00 p.m. Bandstand, Central Square Keene



Join with the Cohen Center for Holocaust & Genocide Studies on the anniversary of Kristallnacht to remember those who were affected by the 1938 pogrom (wave of antisemitic violence). We will stand together with local leaders and members of many faith traditions as we recommit ourselves to being a community that stands against hatred and violence.

MIP Housing Campaign Quiz!

How much should you spend on your housing?

Find out in...

MIP Housing - Did You Know...?!



Monadnock Interfaith Project Annual Meeting

Saturday, October 28, 9am-12pm

Location: Keene Unitarian Universalist Church

MIP will hold its annual meeting Saturday, October 28, in which the Guiding Council will review the organization's progress, update policies, and set goals for the upcoming year. The public is welcome to attend.

Please RSVP to monadnockinterfaith@gmail.com

Know someone interested in interfaith efforts? Forward this email.

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